

Good Shepherd School

Coach's Corner

Tuesday, September 9, 2008 Volume 5, Issue 3

<http://gsschool.org/athletics.html>

Coach's Corner available on line only. This is the second edition of the Coach's Corner to be published on line only. It will be emailed weekly to parents, as the Athletics Department has gone completely paperless with its forms, rosters and schedules, all of which are available at its [page](#) on the school web site.

If you do not have access to the Internet, please contact [Coach Greg](#) at 476-1292.

Sports Awards Night update. We are in need of funds for our 2009 Sports Awards Night in May. So far, we have received \$200 from an anonymous donor as the third and final part of a three-year commitment of \$2,500.

That leaves \$1,900 for us to raise so that your children will continue to be recognized with a top-flight awards ceremony at the of the school year.

To donate, please contact [Coach Greg](#) at 476-1292.

Uniform bags are on sale in the Athletics Department. We have 5 bags available for delivery by Sept. 17 or thereabouts.

The cost is \$35 with your child's name embroidered on the bag or \$30 without it. Do not include payment with your order. It will be billed to your account.

Sports season opens Friday

The cross-country season begins Friday when the Rams travel to Felton for a 3:45 p.m. meet at San Lorenzo Valley High School.

The coed flag football season opens Monday, Sept. 22, when Good Shepherd hosts Salesian in a double-header. The 5-6th grade game is scheduled for a 4 o'clock kickoff, followed by the 8th grade game at 5 p.m.

All schedules have been updated and are available on the [Athletics page](#) in the Good Shepherd web site.

This week's sports schedule

| <i>Date</i> | <i>Day</i> | <i>Grade</i> | <i>Sport</i> | <i>Opponent</i> | <i>Place</i> | <i>Time</i> |
|-------------|------------|--------------|--------------|-----------------|-------------------------|-------------|
| 09-Sep-08 | Tuesday | 5-6 | CFB | Practice | Good Shepherd | 2:45-4:15 |
| 09-Sep-08 | Tuesday | 7 | GBK | Practice | O'Donnell Gym | 2:45-4:15 |
| 09-Sep-08 | Tuesday | 8 | GBK | Practice | O'Donnell Gym | 2:45-4:15 |
| 10-Sep-08 | Wednesday | 8 | CFB | Practice | Good Shepherd | 2:45-4:15 |
| 10-Sep-08 | Wednesday | 6-8 | XC | Practice | Nisene Marks Park | 3:30-4:30 |
| 11-Sep-08 | Thursday | 5-6 | CFB | Practice | Good Shepherd | 2:45-4:15 |
| 11-Sep-08 | Thursday | 8 | CFB | Practice | Good Shepherd | 2:45-4:15 |
| 11-Sep-08 | Thursday | 7 | CFB | Practice | Good Shepherd | 3:30-5:00 |
| 12-Sep-08 | Friday | 6-8 | XC | Meet | San Lorenzo Valley High | 3:45-4:45 |
| 15-Sep-08 | Monday | 5-6 | CFB | Practice | Good Shepherd | 2:45-4:15 |
| 15-Sep-08 | Monday | 7 | GBK | Practice | O'Donnell Gym | 2:45-4:15 |
| 15-Sep-08 | Monday | 8 | GBK | Practice | O'Donnell Gym | 2:45-4:15 |
| 16-Sep-08 | Tuesday | 7 | CFB | Practice | Good Shepherd | 4:00-5:30 |
| 16-Sep-08 | Tuesday | 5-6 | GBK | Practice | O'Donnell Gym | 4:00-5:30 |
| 17-Sep-08 | Wednesday | 5-6 | CFB | Practice | Good Shepherd | 12:30-2:00 |
| 17-Sep-08 | Wednesday | 8 | CFB | Practice | Good Shepherd | 12:30-2:00 |
| 17-Sep-08 | Wednesday | 7 | GBK | Practice | O'Donnell Gym | 12:30-2:00 |
| 17-Sep-08 | Wednesday | 8 | GBK | Practice | O'Donnell Gym | 12:30-2:00 |
| 18-Sep-08 | Thursday | 8 | CFB | Practice | Good Shepherd | 2:45-4:15 |
| 18-Sep-08 | Thursday | 7 | CFB | Practice | Good Shepherd | 3:30-5:00 |
| 18-Sep-08 | Thursday | 5-6 | GBK | Practice | O'Donnell Gym | 4:00-5:30 |
| 19-Sep-08 | Friday | 8 | CFB | Practice | Good Shepherd | 2:45-4:15 |
| 19-Sep-08 | Friday | 6-8 | XC | Meet | Soquel High | 3:45-4:45 |

This week's sports schedule

| <i>Date</i> | <i>Day</i> | <i>Grade</i> | <i>Sport</i> | <i>Opponent</i> | <i>Place</i> | <i>Time</i> |
|-------------|------------|--------------|--------------|--------------------|--------------------|-------------|
| 22-Sep-08 | Monday | 7 | GBK | Practice | O'Donnell Gym | 2:45-4:15 |
| 22-Sep-08 | Monday | 8 | GBK | Practice | O'Donnell Gym | 2:45-4:15 |
| 22-Sep-08 | Monday | 5-6 | CFB | Salesian | Good Shepherd | 4:00-5:00 |
| 22-Sep-08 | Monday | 8 | CFB | Salesian | Good Shepherd | 5:00-6:00 |
| 23-Sep-08 | Tuesday | 5-6 | GBK | Spring Hill | O'Donnell Gym | 4:00-5:00 |
| 23-Sep-08 | Tuesday | 7 | CFB | Practice | Good Shepherd | 4:00-5:30 |
| 23-Sep-08 | Tuesday | 8 | GBK | Kirby | O'Donnell Gym | 5:00-6:00 |
| 24-Sep-08 | Wednesday | 6-8 | XC | Practice | Nisene Marks Park | 3:30-4:30 |
| 24-Sep-08 | Wednesday | 7 | CFB | Kirby | Good Shepherd | 4:30-5:30 |
| 25-Sep-08 | Thursday | 7 | GBK | Gateway | Garfield Park | 4:00-5:00 |
| 25-Sep-08 | Thursday | 5-6 | GBK | Gateway | Garfield Park | 5:00-6:00 |
| 26-Sep-08 | Friday | 6-8 | XC | Meet | Schwan Lake | 3:45-4:45 |
| 26-Sep-08 | Friday | 8 | CFB | Holy Cross | Holy Cross | 4:00-5:00 |
| 29-Sep-08 | Monday | 6-8 | XC | Practice | Nisene Marks Park | 3:30-4:30 |
| 29-Sep-08 | Monday | 8 | CFB | Pacific Collegiate | Pacific Collegiate | 4:00-5:00 |
| 29-Sep-08 | Monday | 5-6 | GBK | Practice | O'Donnell Gym | 4:00-5:30 |
| 30-Sep-08 | Tuesday | 5-6 | CFB | Practice | Good Shepherd | 2:45-4:15 |
| 30-Sep-08 | Tuesday | 8 | GBK | Salesian | O'Donnell Gym | 4:00-5:00 |
| 30-Sep-08 | Tuesday | 7 | CFB | Notre Dame | Good Shepherd | 4:30-5:30 |
| 01-Oct-08 | Wednesday | 7 | GBK | Salesian | O'Donnell Gym | 4:00-5:00 |
| 01-Oct-08 | Wednesday | 5-6 | GBK | Salesian | O'Donnell Gym | 5:00-6:00 |
| 02-Oct-08 | Thursday | 8 | CFB | Practice | Good Shepherd | 2:45-4:15 |
| 02-Oct-08 | Thursday | 5-6 | CFB | Gateway | San Lorenzo Park | 4:00-5:00 |
| 02-Oct-08 | Thursday | 7 | CFB | Gateway | San Lorenzo Park | 5:00-6:00 |

CFB = Coed Flag Football

GBK = Girls Basketball

XC = Cross Country

This week's sports schedule

| <i>Date</i> | <i>Day</i> | <i>Grade</i> | <i>Sport</i> | <i>Opponent</i> | <i>Place</i> | <i>Time</i> |
|-------------|------------|--------------|--------------|-----------------|------------------------|-------------|
| 03-Oct-08 | Friday | 7 | GBK | Practice | O'Donnell Gym | 2:45-4:15 |
| 03-Oct-08 | Friday | 8 | GBK | Practice | O'Donnell Gym | 2:45-4:15 |
| 03-Oct-08 | Friday | 6-8 | XC | Meet | Scotts Valley High | 3:45-4:45 |
| 06-Oct-08 | Monday | 6-8 | XC | Practice | Nisene Marks Park | 3:30-4:30 |
| 06-Oct-08 | Monday | 8 | CFB | Kirby | Good Shepherd | 4:30-5:30 |
| 06-Oct-08 | Monday | 7 | GBK | Kirby | O'Donnell Gym | 4:30-5:30 |
| 07-Oct-08 | Tuesday | 5-6 | CFB | Green Valley | Good Shepherd | 4:00-5:00 |
| 07-Oct-08 | Tuesday | 8 | GBK | Waldorf | O'Donnell Gym | 4:00-5:00 |
| 07-Oct-08 | Tuesday | 7 | CFB | Green Valley | Good Shepherd | 5:00-6:00 |
| 08-Oct-08 | Wednesday | 5-6 | CFB | Montessori | Good Shepherd | 3:30-5:00 |
| 09-Oct-08 | Thursday | 8 | CFB | Practice | Good Shepherd | 2:45-4:15 |
| 09-Oct-08 | Thursday | 7 | CFB | Practice | Good Shepherd | 3:30-5:00 |
| 09-Oct-08 | Thursday | 5-6 | GBK | Practice | O'Donnell Gym | 4:00-5:30 |
| 10-Oct-08 | Friday | 7 | GBK | Practice | O'Donnell Gym | 2:45-4:15 |
| 10-Oct-08 | Friday | 8 | GBK | Practice | O'Donnell Gym | 2:45-4:15 |
| 10-Oct-08 | Friday | 6-8 | XC | Meet | Pinto Lake County Park | 3:45-4:45 |
| 10-Oct-08 | Friday | 5-6 | GBK | Holy Cross | Holy Cross | 4:00-5:00 |
| 13-Oct-08 | Monday | 5-6 | CFB | Practice | Good Shepherd | 2:45-4:15 |
| 13-Oct-08 | Monday | 7 | CFB | Wavecrest | Good Shepherd | 4:30-5:30 |
| 14-Oct-08 | Tuesday | 8 | GBK | Team Photo Day | O'Donnell Gym | 12:25-12:30 |
| 14-Oct-08 | Tuesday | 7 | GBK | Team Photo Day | O'Donnell Gym | 12:30-12:35 |
| 14-Oct-08 | Tuesday | 5-6 | GBK | Team Photo Day | O'Donnell Gym | 12:35-12:40 |
| 14-Oct-08 | Tuesday | 8 | CFB | Practice | Good Shepherd | 2:45-4:15 |
| 14-Oct-08 | Tuesday | 5-6 | CFB | Holy Cross | Good Shepherd | 3:30-4:30 |
| 14-Oct-08 | Tuesday | 7 | CFB | Holy Cross | Good Shepherd | 4:30-5:30 |

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This week's sports schedule

| <i>Date</i> | <i>Day</i> | <i>Grade</i> | <i>Sport</i> | <i>Opponent</i> | <i>Place</i> | <i>Time</i> |
|-------------|------------|--------------|--------------|--------------------|---------------------------|-------------|
| 15-Oct-08 | Wednesday | 6-8 | XC | Practice | Nisene Marks Park | 3:30-4:30 |
| 15-Oct-08 | Wednesday | 5-6 | GBK | Branciforte | Branciforte | 4:00-5:00 |
| 15-Oct-08 | Wednesday | 7 | GBK | Pacific Collegiate | Pacific Collegiate | 4:00-5:00 |
| 15-Oct-08 | Wednesday | 8 | GBK | Pacific Collegiate | Pacific Collegiate | 5:00-6:00 |
| 16-Oct-08 | Thursday | 6-8 | XC | Team Photo Day | O'Donnell Gym | 12:25-12:30 |
| 16-Oct-08 | Thursday | 8 | CFB | Team Photo Day | O'Donnell Gym | 12:40-12:45 |
| 16-Oct-08 | Thursday | 5-6 | CFB | Team Photo Day | O'Donnell Gym | 12:30-12:35 |
| 16-Oct-08 | Thursday | 7 | CFB | Team Photo Day | O'Donnell Gym | 12:35-12:40 |
| 16-Oct-08 | Thursday | 7 | GBK | Practice | O'Donnell Gym | 2:45-4:15 |
| 16-Oct-08 | Thursday | 5-6 | GBK | Green Valley | Green Valley | 4:00-5:00 |
| 16-Oct-08 | Thursday | 8 | GBK | Green Valley | Green Valley | 5:00-6:00 |
| 17-Oct-08 | Friday | 8 | CFB | Practice | Good Shepherd | 2:45-4:15 |
| 17-Oct-08 | Friday | 6-8 | XC | League Finals | San Lorenzo Valley | 3:45-4:45 |
| 20-Oct-08 | Monday | 8 | CFB | Gateway | Good Shepherd | 4:00-5:00 |
| 20-Oct-08 | Monday | 7 | CFB | Pacific Collegiate | Good Shepherd | 5:00-6:00 |
| 21-Oct-08 | Tuesday | 5-6 | CFB | Montessori | Good Shepherd | 3:30-4:30 |
| 21-Oct-08 | Tuesday | 7 | GBK | Green Valley | O'Donnell Gym | 4:00-5:00 |
| 21-Oct-08 | Tuesday | 8 | CFB | Green Valley | Good Shepherd | 4:30-5:30 |
| 22-Oct-08 | Wednesday | 7 | GBK | Waldorf | O'Donnell Gym | 4:00-5:00 |
| 22-Oct-08 | Wednesday | 5-6 | GBK | Montessori | O'Donnell Gym | 5:00-6:00 |
| 23-Oct-08 | Thursday | 5-6 | CFB | Practice | Good Shepherd | 2:45-4:15 |
| 23-Oct-08 | Thursday | 8 | GBK | Gateway | Garfield Park | 4:00-5:00 |
| 23-Oct-08 | Thursday | 7 | CFB | Practice | Good Shepherd | 4:30-5:30 |
| 24-Oct-08 | Friday | 7 | GBK | Practice | O'Donnell Gym | 2:45-4:15 |
| 24-Oct-08 | Friday | 8 | GBK | Practice | O'Donnell Gym | 2:45-4:15 |
| 24-Oct-08 | Friday | 5-6 | GBK | Spring Hill | First Presbyterian Church | 4:00-5:00 |

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| <i>Date</i> | <i>Day</i> | <i>Grade</i> | <i>Sport</i> | <i>Opponent</i> | <i>Place</i> | <i>Time</i> |
|-------------|------------|--------------|--------------|-----------------|---------------|-------------|
| 27-Oct-08 | Monday | 8 | CFB | Wavecrest | Good Shepherd | 3:30-4:30 |
| 27-Oct-08 | Monday | 5-6 | CFB | Gateway | Good Shepherd | 4:00-5:00 |
| 27-Oct-08 | Monday | 7 | CFB | Practice | Good Shepherd | 4:00-5:30 |
| 28-Oct-08 | Tuesday | 8 | CFB | Notre Dame | Good Shepherd | 3:45-4:45 |
| 28-Oct-08 | Tuesday | 5-6 | GBK | Practice | O'Donnell Gym | 4:00-5:30 |
| 28-Oct-08 | Tuesday | 7 | CFB | Salesian | Good Shepherd | 4:45-5:45 |
| 28-Oct-08 | Tuesday | 7-8 | GBK | Tournament | Holy Cross | TBA |
| 29-Oct-08 | Wednesday | 5-6 | GBK | Holy Cross | O'Donnell Gym | 4:00-5:00 |
| 29-Oct-08 | Wednesday | 7-8 | GBK | Tournament | Holy Cross | TBA |
| 30-Oct-08 | Thursday | 5-6 | CFB | Holy Cross | Holy Cross | 4:00-5:00 |
| 30-Oct-08 | Thursday | 7-8 | GBK | Tournament | Holy Cross | TBA |