



# COACH'S HANDBOOK

## MISSION STATEMENT

Good Shepherd Catholic School is a community dedicated to excellence in education which nurtures and motivates students to become intellectually curious moral leaders with a love of learning and faith in the future.

## PHILOSOPHY

Good Shepherd Catholic School fosters an environment where each student is given the opportunity to understand that he/she is created, loved and redeemed by God. The staff acknowledges the uniqueness of each child. We focus our collective concern on the entire life of the student: intellectual, spiritual, moral, social, psychological, and physical.

We support families, the first educators of children, as they encourage students to become involved, responsible and contributing members of the Church and the world. Through our Christ-centered curriculum, we guide students of varied abilities toward lifelong learning, academic excellence and responsible moral decision-making.

## OBJECTIVE

The Good Shepherd Catholic School Athletic Program was established to offer the students in grades 5 through 8 the opportunity to explore and improve their abilities in a variety of sports; the opportunity to compete in athletics while maintaining a code of good sportsmanship and Catholic values; and the opportunity to better understand and practice the concept of team spirit.

## STRUCTURE

### PRINCIPAL

The Good Shepherd Catholic School Athletic Program is administered by the Principal, who has the final authority regarding eligibility of students and coaches, schedules, use of school property and equipment, use of funds, and all policies regarding the program.

### ATHLETICS DIRECTOR

- The Athletics Director (AD) will implement the program and enforce all policies under the direction of the Principal.
- The AD will be responsible for schedules, equipment, qualifications of students and coaches, and ensuring all forms are properly filled out/signed/returned.
- A model of the school's Mission and Philosophy, the AD will serve as an example of respect and good sportsmanship. Any disagreement with school coaches, competing coaches, and/or game officials, will be handled professionally and respectfully. In the event of a difference of opinion between the AD and a member of the coaching/parent staff, the AD will discuss the matter in private, away from students. The only exception is a situation that could compromise the health/safety of students.
- The AD will always put the health/safety/welfare of the students first.

## PROCEDURES

- Students who are not picked up immediately after a practice or game at school will be accompanied by the coach to the School Extension Program. Parent/guardians will be financially responsible for any SEP fees, outside of practice time.
- In the event that a practice or game is canceled and the team coach is unavailable, students will be signed into SEP. Every effort will be made to avoid cancellations and students will be allowed appropriate opportunity and time to contact parents.
- Students who have missed one-half day (3 hours) or more of school because of illness or for an unexcused reason may not participate in practices and/or games occurring on that same day.
- All students in good standing will participate appropriately in each game. Students in 5<sup>th</sup> and 6<sup>th</sup> grade should be appropriated equal playing time as is reasonable.

### COACHES/ASSISTANT COACHES

The Good Shepherd Athletic Program is dependent upon volunteers, and is appreciative of the time and effort expended by the coaching staff. Even though these are volunteer positions, the following guidelines must be adhered to for the welfare of the students involved in the program.

- Coaches will implement the program and its rules under the guidance of the Athletic Director. Any disagreements or difference of opinions will be taken up in private with the AD first, and then the Principal if no satisfactory solution is found.
- Coaches will not permit an ineligible participant(s) to participate in a game.
- Coaches will control their fans. Remember, as a coach you're responsible for your team; a fan's reaction often follows in step with your reactions.
- Coaches will have a complete First Aid Kit and Emergency Cards/Information immediately available at all practices and games.
- Coaches, it is mandatory that you stay after practice until all your players have been picked up by parents. Student-athletes must be supervised at all times.
- Coaches should attend in-service workshops, when able, that involve safety training and/or coaching methods.
- Coaches must have all volunteer paperwork completed and on file with the school office.

GOOD SHEPHERD ATHLETIC PROGRAM

COACH'S AGREEMENT

I HAVE READ THE COACH'S HANDBOOK, AND THE SCHOOL'S  
FAMILY HANDBOOK, AND AGREE TO BE GOVERNED BY THEM.

I WILL MODEL THE SCHOOL'S MISSION AND PHILOSOPHY

AS I STRIVE TO IMPLEMENT AND ENFORCE ALL OF THE  
EXPECTATIONS AND PROCEDURES CONTAINED IN THE ABOVE.

FAILURE TO ADHERE TO ANY OF THE ABOVE MAY RESULT  
IN DISCIPLINARY ACTION UP TO AND INCLUDING TERMINATION.

BY CHECKING THE BOX BELOW, I AGREE TO ALL THAT HAS BEEN STATED ABOVE.

\_\_\_\_\_  
COACH'S NAME (please type or print)

\_\_\_\_\_  
DATE (please type or print)

\_\_\_\_\_  
NAME OF SPORT(S)

**WAIVER & RELEASE FORM**  
**RELATING TO COACHES**

PARTICIPATING IN THE 2009-2010 ATHLETIC SEASON FROM AUGUST THROUGH JUNE

1 In consideration of my acceptance for participation in the 2009-2010 athletic season, I hereby, to the extent permitted by law, waive any and all claims for damages for death, personal injury, loss or property damage which I may have or which may hereafter accrue to me, against the Diocese of Monterey, Good Shepherd Catholic School, as a result of my participation in the practice/game as related to the mode of transportation, and/or any contractual arrangements I may make with such transportation carrier, to and from the practice/game, and/or the nature, type or condition of the accommodations or practices/games involved, and/or with respect to the conditions of the sites visited, and/or with respect to the supervision provided, and/or with respect to the activities performed, whether or not caused by the negligence (active or passive) of the Diocese of Monterey, Good Shepherd Catholic School.

2. This Waiver & Release is intended, to the extent permitted by law, to release and discharge in advance THE ROMAN CATHOLIC BISHOP OF MONTEREY, CALIFORNIA, A CORPORATION SOLE, also known as THE DIOCESE OF MONTEREY, Good Shepherd Catholic School, and its officers, agents, and employees, from any and all liability relating to the transportation, accommodations, site conditions, supervision, and/or activities connected with my participation in the 2009-2010 athletic season.

3. It is further understood and agreed that this Agreement, Waiver & Release is to be binding on my heirs and assigns.

4. Also, I hereby attest and verify that I am physically fit and capable of participation in this game.

5. I agree to abide by the rules established by the officials or leaders of the practice/game, and to obey the directions given by any of them.

6. Further, I hereby attest that my participation in the above-named activity/game will be conducted on my own time and not on my employer's time, that this is for my own personal benefit, and any injury sustained will not be considered by myself or my heirs or assigns as a work-incurred injury.

7. I further and specifically understand and agree that no representations or warranties are or have been made by the Diocese or any of its employees, agents, sponsors, officials, leaders or affiliates mentioned above, with respect to the quality or safety of any transportation to be utilized during the practice/game involved, including but not limited to air, bus, auto, bicycle, taxicab transportation, or with regards to any of the accommodations involved or sites to be visited or supervision provided or activities performed.

8. This Waiver & Release form is signed in order to participate in this sport for my own personal enjoyment and benefit and is done so freely with full knowledge of the risk and dangers incident thereto.

By checking the box below, I agree to all that has been stated above.

\_\_\_\_\_  
Type or print name

\_\_\_\_\_  
Type or print date

Email Address \_\_\_\_\_ Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ FAX number \_\_\_\_\_

# T.B. Immunizations



**T.B. Immunizations are available free through Family Doctors of Santa Cruz and Dr. Jack Watson**

**Weekdays (except Thursdays)  
8 a.m. to 5 p.m.**

**On a walk-in basis (No appointments)**

**550 Water Street, Suite A, Santa Cruz, 425-0420**

# SCHOOLWIDE LEARNING EXPECTATIONS

## A Good Shepherd Catholic School Student is

### **an Active Christian who**

- mirrors the teachings of Jesus and scripture
- understands and values Catholic beliefs
- possesses a positive sense of self



### **a Life-Long Learner who**

- values learning for the sake of learning
- can think critically, pursuing knowledge through inquiry and discovery
- is self-disciplined, organized, motivated and possesses a strong work ethic
- strives for the highest standards of learning, spirituality, and physical fitness
- appreciates the arts and technology, and their impact on culture
- accurately interprets information using various media to be an effective communicator

### **a Globally Aware Moral Leader who**

- respects and appreciates other people, cultures, and beliefs
- serves others in need
- is an active steward of God's good earth
- embraces the civic duties of an informed, committed and faith-filled citizen who cares for the common good
- plays fairly, loses graciously, and wins humbly
- works cooperatively; demonstrating tolerance and respect